

AAU Transgender Protocols and Procedures

General Requirement: In AAU Sports where the Sport Rules are gender specific, an athlete must compete as the gender set out on the birth certificate, subject to the exceptions below.

Exceptions: An athlete who wishes to compete as the gender other than that set out on the birth certificate must apply for an exception to the general requirement as follows:

1. The applicant must have a current AAU membership.
2. The applicant must be at least 18 years of age, if the application is for an exception being submitted by the applicant themselves.
3. If the application is made on behalf of the applicant by his or her parent or guardian, the parent/guardian and child must have a current AAU membership. The application must be submitted to the AAU Compliance department which will refer the applicant to a selected medical expert.
4. Applications shall be submitted to an independent medical expert selected by the AAU, who will review the application and determine whether an exception may be granted or denied.
5. The applicant shall provide all medical documents and physician reports, including psychiatric material, which the applicant believes supports the application, to the independent medical expert.
6. The applicant will be responsible for all fees and expenses associated with the application process and review, including the independent medical expert's fees.
7. The decision of the independent medical expert may be appealed to The National Board of Review. Any decision of the National Board of Review may be appealed to the National Board of Appeals.
8. The independent medical expert will keep all medical documents and physician reports, including psychiatric material received by or on behalf of the applicant confidential, unless there is an appeal filed with The National Board of Review. The National Board of Review and the National Board of Appeals will be entitled to receive all documents and information relied upon by the independent medical expert. The National Board of Review and the National Board of Appeals will keep all medical documents and physician reports, including psychiatric material regarding the applicant as confidential.